SMART GOALS

Set realistic SMART goals for personal development, studies and career. The acronym SMART stands for specific, measurable, achievable, realistic and time bound.

Certain attitudes, values and skills impact positively on the achievement of goals in relation to goals set, while other factors have a negative impact.

1. Factors that impact positively
   1. Self-motivation
   2. Perseverance

*Apply multi-level numbering, indent correctly,*

*Align with left margin*

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* 1. Positive thinking
  2. Positive self-image
  3. Ambition
  4. Responsibility
  5. Punctuality

1. Factors that impact negatively
   1. Absenteeism
   2. Punctuality
   3. Laziness
   4. Unplanned pregnancy
   5. Poverty
   6. Taking care of minors
   7. Peer pressure
   8. Making incorrect decisions

*[10] Marks for manipulation*