Grow for life

Food shortage is an issue in South Afrikan rural and urban townships, preventing basic food to those who need it most. The extremely high incidence of HIV/AIDS increases the desperate need for good nutrition as a requirement for survival and the opportunity to have a quality of life that is as “normal” as possible.

Our project, GROW FOR LIFE, helps the comunity to grow a vegetable garden. This program goes beyond just feeding the community with fresh vegetables, it also delivers lifelong skills.

Participants learn about:

* Organic food growing;
* Tending the gardens effectively;
* Composting of vegetable waste back into the garden;
* Harvesting, processing and storage;
* Food production for daily needs (recipes) and for sale;
* Fun food production and re-sale; and
* Recycling and composting

*[16] marks for accuracy*

* *Lowercase/uppercase ✓✓*
* *Use of punctuation, e.g. a space after a comma and full stop ✓✓*
* *Use of Shift to type : () and “ ✓✓*
* *Forming of paragraphs – press Enter twice at the end of a paragraph and NOT at the end of each line. ✓✓*
* *There are 2 spelling errors (Afrikan, comunity) to be corrected in the* ***following*** *question. ✓✓*
* *Accuracy (-1 per error to a total of 6) ✓✓✓✓✓✓*

*[4] marks for manipulation*

* *Apply bullets and align text with left margin. ✓✓*
* *Insert header (left and right) ✓✓*

*Total: 20*