*Set a tab stop on 11.5cm – not 12cm as instruction given in some books.*

COPING TECHNIQUES

EMOTION POSITIVE REACTION NEGATIVE REACTION

Anger Peaceful Aggressive

Loving Hatred

Cautious Irresponsible

Disappointment Pleased Failure

Satisfied Disappointed

Delightful Troubled

Sadness Happy Unhappy

Cheerful Depressed

Encouraged Discouraged

*Students should use the Tab key correctly.*

*[10] marks for accuracy*