PUBLIC SPEAKKING

Onee of life's most impportant skills

Peeople dreem up the most amazing exuses for not accepting the challenge of public speaking. But soner or later you will ave to stand up and addres a groop, whether at a wwedding, a birthdy party, or at a bussiness conference.

First impresions are lasting impressions. The first 10 sekonds of making an an apearance, before you evan said a worrd, is when the most critical judgement is made by audiences, while what iss communicated after that has to be haighly effective and polished to be aknowledged.