higher education & training

Department:
Higher Education and Training
REPUBLIC OF SOUTH AFRICA

NATIONAL CERTIFICATE

MEDICAL PRACTICE N6

(Second paper)

(9090176)

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09:00–11:00

This question paper consists of 5 pages.

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DEPARTMENT OF HIGHER EDUCATION AND TRAINING
REPUBLIC OF SOUTH AFRICA

NATIONAL CERTIFICATE
MEDICAL PRACTICE N6
(Second paper)
TIME: 2 HOURS
MARKS: 100

NOTE: If you answer more than the required number of questions, only the required number will be marked. Clearly cross out all work you do not want to be marked.

INSTRUCTIONS AND INFORMATION

1. Answer all the questions in SECTION A.
2. Answer any THREE questions in SECTION B.
3. Read all the questions carefully.
4. Number the answers according to the numbering system used in this question paper.
5. Write neatly and legibly.

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SECTION A

QUESTION 1

1.1 Give ONE word or a term for each of the following descriptions by choosing a word or a term from the list below. Write only the word or term next to the question number (1.1.1–1.1.10) in the ANSWER BOOK.

withdrawn adults; nurture; group therapy; isolation; personality; physical decline; regression; suicide; nature; biological theories

1.1.1 An opportunity to learn how others cope with similar issues

1.1.2 Intentionally taking one's own life

1.1.3 Reverting to an earlier stage of development

1.1.4 Generally noncommunicative

1.1.5 Occurs with age

1.1.6 Emphasise genetic influences on personality

1.1.7 An unnatural human condition

1.1.8 Understanding it can help us interact more effectively

1.1.9 A product of inherited influences

1.1.10 A product of learned influences

(10 × 2) (20)

1.2 Indicate whether the following statements are TRUE or FALSE. Choose the answer and write only 'True' or 'False' next to the question number (1.2.1–1.2.10) in the ANSWER BOOK.

1.2.1 Biofeedback can aid in stress management.

1.2.2 Psychologists often prescribe medication.

1.2.3 Use of alcohol reduces the risk of suicide.

1.2.4 Humans all experience illness in a very similar manner.

1.2.5 Ill patients sometimes start to view their bodies as foreign to themselves.

1.2.6 Nurses can help to make a hospital feel less impersonal.

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1.2.7 The reasons behind a patient's difficult behaviour are irrelevant.

1.2.8 Adolescents often hide feelings of insecurity.

1.2.9 Parents should avoid visiting children in hospital too often, to avoid them becoming too dependent.

1.2.10 Anxiety can contribute to delaying recovery in hospitalised adults.

(10 × 2) (20)
[40]

TOTAL SECTION A: 40

SECTION B

Answer only THREE questions from this section.

QUESTION 2

2.1 Give SEVEN factors that impact on the individual experience of pain. (7 × 1) (7)

2.2 What can an elderly patient do during a hospital stay to maintain mobility and mental well-being? (8 × 1) (8)

2.3 Why do patients sometimes deny illness diagnoses? (5 × 1) (5)
[20]

QUESTION 3

3.1 Give SEVEN ways in which an individual might commit suicide. (7 × 1) (7)

3.2 What can an individual do to develop a mature personality? (8 × 1) (8)

3.3 Explain how career choice affects different aspects of an individual's life.
(5 × 1) (5)
[20]

QUESTION 4

4.1 List SEVEN distinctive qualities of a mature personality. (7 × 1) (7)

4.2 Describe the procedure that needs to be followed to have a patient admitted to a mental health institution. (8 × 1) (8)

4.3 How does chronic pain affect everyday life? (5 × 1) (5)
[20]

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QUESTION 5

5.1 Name SEVEN types of organisations that manage the provision of psychiatric services in South Africa. (7 × 1) (7)

5.2 What can healthcare providers do to reduce the anxiety an adolescent patient might feel during a hospital stay? (4 × 2) (8)

5.3 Why do people commit suicide? (5 × 1) (5)

[20]

TOTAL SECTION B: 60
GRAND TOTAL: 100

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