higher education & training

Department:
Higher Education and Training
REPUBLIC OF SOUTH AFRICA

NATIONAL CERTIFICATE

MEDICAL PRACTICE N4

(Second paper)

(9090154)

22 October 2020 (X-paper)
09:00–11:00

This question paper consists of 5 pages.

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DEPARTMENT OF HIGHER EDUCATION AND TRAINING
REPUBLIC OF SOUTH AFRICA

NATIONAL CERTIFICATE
MEDICAL PRACTICE N4
(Second Paper)
TIME: 2 HOURS
MARKS: 100

NOTE: If you answer more than the required number of questions, only the required number will be marked. Clearly cross out all work you do not want to be marked.

INSTRUCTIONS AND INFORMATION

1. Answer all the questions in SECTION A.
2. Answer any THREE questions in SECTION B.
3. Read all the questions carefully.
4. Number the answers according to the numbering system used in this question paper.
5. Write neatly and legibly.

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SECTION A

QUESTION 1

1.1 Explain each of the following terms:

1.1.1 Reaction formation

1.1.2 Identification

1.1.3 Homeostasis

1.1.4 Motivation

1.1.5 Sublimation

1.1.6 Fantasy

1.1.7 Biological motivation

1.1.8 Social motivation

1.1.9 Rationalisation

1.1.10 Displacement

(10 × 2) (20)

1.2 Indicate whether the following statements are TRUE or FALSE by writing only 'True' or 'False' next to the question number (1.2.1–1.2.10) in the ANSWER BOOK.

1.2.1 The unconscious biases of a health professional could be harmful to patients.

1.2.2 All human actions are based on instinct.

1.2.3 Needs are motivating factors.

1.2.4 Our basic needs are mainly psychological in nature.

1.2.5 Behaviour can be motivated by expectations.

1.2.6 Static homeostasis is a complex learned response.

1.2.7 Dynamic homeostasis occurs when balance is restored through conscious attempts.

1.2.8 Experiences we have forgotten can still influence our behaviour in later life.

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1.2.9 The human body is meant to be physiologically inactive.

1.2.10 We reach the final level of Maslow's hierarchy through imitation.

(10 × 2) (20)
[40]

TOTAL SECTION A: 40

SECTION B

Answer only THREE questions from this section.

QUESTION 2

2.1 What is *imitation*? (1 × 2) (2)

2.2 Explain each of the following levels of awareness:

2.2.1 Conscious

2.2.2 Subconscious

2.2.3 Unconscious

(3 × 2) (6)

2.3 Use thirst as an example to explain how biological factors motivate human behaviour. (7 × 1) (7)

2.4 Why do patients need to feel that they can trust medical staff? (5 × 1) (5)
[20]

QUESTION 3

3.1 List FOUR social factors that motivate human behaviour. (4)

3.2 Give FOUR psychological factors that motivate human behaviour. (4)

3.3 Draw a Hierarchy of Needs diagram based on Maslow's theory and include each of the needs from the list below at the correct level of the hierarchy.

confidence; sleeping; financial security; personal growth; breathing; friendship; feeling respected

(7)

3.4 Explain the role of imitation in the development of healthy behaviours. (5)
[20]

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QUESTION 4

4.1 Give FOUR examples of physiological motives. (4)

4.2 Explain each of the following types of conflict:

4.2.1 Approach-approach conflict

4.2.2 Approach-avoidance conflict

(2 × 2) (4)

4.3 Identify ways in which social media contributes to stress in modern everyday life. (7 × 1) (7)

4.4 Explain whether the path to self-actualisation should be the same for everyone. (5 × 1) (5)

[20]

QUESTION 5

5.1 Give THREE examples of unusual stressors. (3)

5.2 List FIVE basic principles to remember when handling people. (5)

5.3 Explain how Maslow's Hierarchy of Needs could be applied to help you in your own life. (7 × 1) (7)

5.4 Describe the effect of the unconscious in motivating human behaviour. (5)

[20]

TOTAL SECTION B: 60
GRAND TOTAL: 100

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