higher education & training

Department:
Higher Education and Training
REPUBLIC OF SOUTH AFRICA

NATIONAL CERTIFICATE (VOCATIONAL)

LIFE ORIENTATION
(First Paper)
NQF LEVEL 3

(7601023)

28 February 2020 (Y-Paper)
13:00–15:30

This question paper consists of 9 pages.

137Q1S2028

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TIME: 2½ HOURS
MARKS: 120

INSTRUCTIONS AND INFORMATION

1. Answer all the questions.
2. Read all the questions carefully.
3. Number the answers according to the numbering system used in this question paper.
4. Write neatly and legibly.

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SECTION A

QUESTION 1

Choose a/an item/word from COLUMN B that matches a description in COLUMN A. Write only the letter (A–F) next to the question number (1.1–1.5) in the ANSWER BOOK.

COLUMN A		COLUMN B	
1.1	Building relationships with people that will help you in your future career	A	abilities
1.2	A rhyme that helps a learner to remember a list or sequence of things	B	culture
1.3	The things a person is good at doing	C	strengths
1.4	Refers to the skills and talents a person has	D	networking
1.5	Customs and traditions we learn from our families and social groups	E	mnemonic techniques
		F	scarce skills

(5 × 1) **[5]**

QUESTION 2

Various options are given as possible answers to the following questions. Choose the answer and write only the letter (A–D) next to the question number (2.1–2.10) in the ANSWER BOOK.

2.1 … is the process of resolving a conflict with the help of an impartial third party.

A Mediation
B Arbitration
C Negotiation
D Peace building

2.2 The … is the highest court in South Africa which protects our rights as South Africans.

A High Court
B Supreme Court of Appeal
C Equality Court
D Constitutional Court

2.3 Corruption, maladministration and abuse of power in government can be reported to the …

A Public Protector.
B SAPS Crime Stop.
C SARS.
D Independent Police Directorate.

2.4 … involves taking charge and guiding colleagues or group members.

A Motivation
B Team work
C Collaboration
D Leadership

2.5 Employees who are physically healthy, …

A frequently take sick leave.
B have energy to perform their duties.
C complain about aches and pain.
D are tired and unproductive.

2.6 … helps to conserve the environment.

A Carbon emissions
B Deforestation
C Recycling
D Littering

2.7 Writing hate speech on Facebook against a different ethnic group is an example of …

A prejudice.
B stereotyping.
C abuse.
D racism.

2.8 … is the systematic, deliberate and widespread killing of people in cruel ways.

A Child abuse
B Coercion
C Gender abuse
D Genocide

2.9 Which of the following is a suitable expression of emotions in a conflict situation?

A Firmly stating your view.
B Shouting to get your point across.
C Pushing a chair over because you are frustrated.
D Using vulgar language with a colleague.

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2.10 If you feel you are subjected to unfair discrimination or hate speech by private individuals, state officials or institutions, you can lodge a complaint with …

A The Equality Court.
B The Constitutional Court of South Africa.
C The United Nations.
D Amnesty International.

(10 × 1) **[10]**

QUESTION 3

Give ONE word/term for each of the following descriptions by writing it next to the question number (3.1–3.5) in the ANSWER BOOK.

3.1 The practice of giving favours or jobs to family members.

3.2 A process you go through of having to choose between different options.

3.3 Not paying your income tax to the government.

3.4 Thinking that is reasonable, rational, orderly and based on facts.

3.5 Steps taken to deal with misconduct in the workplace.

(5 × 1) **[5]**

QUESTION 4

Indicate whether the following statements are TRUE or FALSE by writing only 'True' or 'False' next to the question number (4.1–4.5) in the ANSWER BOOK. Give a reason for the answer.

4.1 Twitter is an online social networking site.

4.2 It is a sign of respect to look your employer in the eye in the African culture.

4.3 Prioritising refers to moving on to another task before completing the task you are currently busy with.

4.4 Sexual harassment is a form of physical abuse.

4.5 Double-dipping is when a person hides away money they received illegally.

(5 × 2) **[10]**

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QUESTION 5

5.1 Explain how you can be assertive when dealing with colleagues. Give TWO answers. (2 × 1) (2)

5.2 Differentiate between *physical learning style* and *aural learning style*. (2 × 1) (2)

5.3 Give TWO tips on weight management. (2) (2)

5.4 Explain what it means to have a balanced lifestyle. (1 × 2) (2)

5.5 Name TWO types of morally unacceptable behaviour in the workplace that are against South African law. (2) (2)

[10]

TOTAL SECTION A: 40

SECTION B

QUESTION 6

Read the extract below and answer the questions.

Simon is a hard worker. Growing up, life was difficult. His father resorted to alcohol, infidelity and abuse; ultimately losing his job. His mother, as a victim of his father's abuse, was injured and therefore was unable to work. In 2011, his father died leaving them to rely on grants for their survival.

Simon was forced to drop out of school to work in a chicken factory to support his family. He worked for 5 years in the factory before deciding to get a qualification in marketing from the local TVET college. He is currently completing his NCV L3. Simon volunteers on weekends and holidays at a local marketing company.

6.1 What is a skills audit and how will it help Simon? (2 + 2) (4)

6.2 Name THREE things in which his volunteering experience will assist him. (3)

6.3 Give FOUR examples of how Simon can build his network. (4)

6.4 Compare examples of productive and unproductive behaviour in the workplace with regard to company time. (2 + 2) (4)

[15]

QUESTION 7

Study the picture below and answer the questions.



www.youtube.com

7.1 You did an online brain dominance test. You found out that you are right brain dominant.

Explain FOUR characteristics of a right brainer. (4)

7.2 Give THREE methods you can use to improve your creative thinking skills. (3)

7.3 The HR Manager at the marketing company you volunteer at, asks you to be part of the company's wellness committee. The committee must draw up an employee wellness programme for the year.

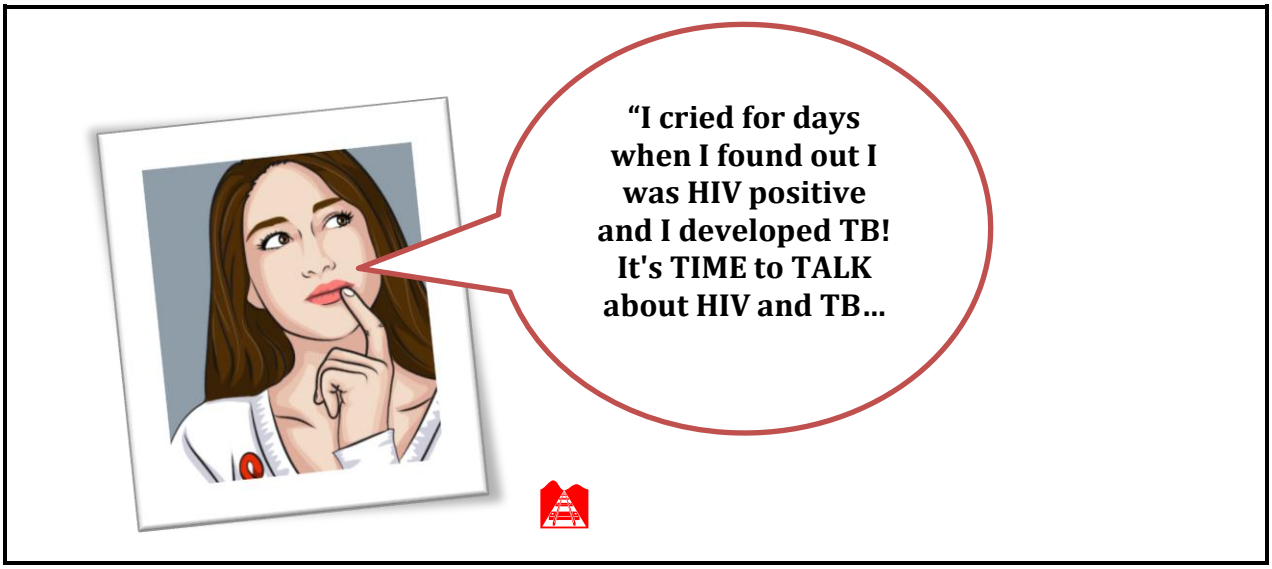
Give FIVE ideas of different activities you can include in the programme. (5)

7.4 Briefly explain THREE ways you can use to prevent sexual harassment in the workplace. (3 × 1) (3)

[15]

QUESTION 8

Read the cartoon below and answer the questions.



8.1 Lola started to feel unwell. Last week she became even more ill and was admitted to hospital, where she was told she was HIV-positive. The doctor told her she had full-blown AIDS, and that her CD4 count was a dangerously low nine. She also developed tuberculosis.

8.1.1 Explain to Lola how HIV compromises the immune system. (1 × 2) (2)

8.1.2 Advise Lola on how she should be treated for tuberculosis. (1)

8.1.3 Suggest TWO things that Lola should remember to prevent tuberculosis. (2 × 1) (2)

8.2 The following story appeared in the local newspaper. Sarah is learning about human rights violation and abuse in Life Orientation.

Foreigners said they lived in perpetual fear of being attacked by local South Africans. They attributed this to a long-held notion that drug peddling; human trafficking and prostitution were carried out in the area by foreign nationals.

Muchada Takaenda, 46, a Zimbabwean informal trader, said she arrived in South Africa in 2008. The mother of three explained, 'I was living harmoniously in the city. I was never attacked. Many foreigners left their township lodgings and joined the queue to live in town where security was deemed safe.

'However, over the years I have discovered that it is much safer in townships than here. We are being constantly harassed everyday by the locals who accuse us of selling drugs and engaging in prostitution. They also accuse us of bribing the police and taking their jobs and their business.'

[Adapted from: *http://wwmp.org.za/elitsha/2018/05/31/foreign-nationals-in-port-elizabeth-central-live-in-fear*]

8.2.1 Which TWO human rights violations can be identified from the article? (2)

8.2.2 Name FOUR reasons foreign nationals believe they are being attacked in South Africa. (4)

8.2.3 Tabulate the difference between *racism* and *prejudice*. (2)

8.2.4 Identify ONE example of corruption from the article. (1)

8.2.5 Explain TWO ways Muchada can use to oppose these human right violations in her community. (2)

8.3 Sarah has been selected to give a speech at the HEAIDS, first things first seminar. Include the following in her speech:

8.3.1 TWO ways HIV can be contracted.

8.3.2 TWO ways HIV can be prevented.

(2 × 2) (4)

[20]

TOTAL SECTION B: 50

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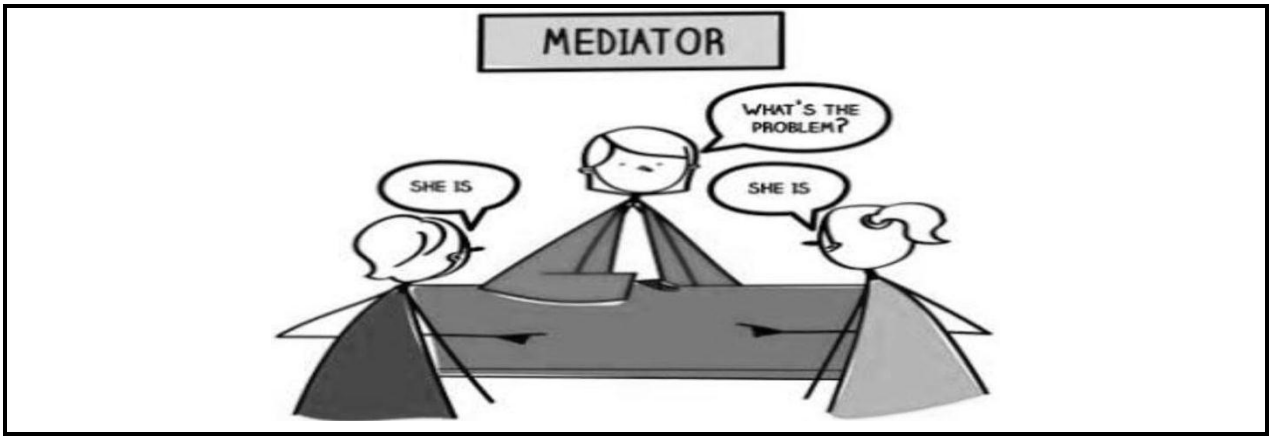
SECTION C

QUESTION 9

Study the picture below and answer the questions.



[Source: *www.difficultpeoplemadeeasy.com.au*]

The two employees had a very heated argument and refuse to work together.

9.1 Explain why mediation should be used to resolve the above conflict. Give TWO reasons. (2 × 2) (4)

9.2 Briefly explain another method the employees in the cartoon can use to resolve their conflict if mediation fails. (2 × 2) (4)

9.3 You must study for your final examination.

Suggest FOUR different mnemonic techniques you could use while studying. (4)

9.4 Explain FOUR ways in which one can show respect for diversity at work. (4)

9.5 In a paragraph of FIVE points, briefly discuss the effects of corruption on society. (5)

9.6 Gender abuse is widespread problem in South Africa.

9.6.1 Explain the term *gender abuse*. (2)

9.6.2 Explain THREE ways in which gender abuse can be opposed. (3)

9.6.3 Name TWO support sources available for gender abuse. (2)

9.6.4 Create TWO powerful and informative slogans to discourage people from abusing each other. (2)

[30]

TOTAL SECTION C: 30
GRAND TOTAL: 120

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