higher education & training

Department:
Higher Education and Training
REPUBLIC OF SOUTH AFRICA

NATIONAL CERTIFICATE (VOCATIONAL)

THE SOUTH AFRICAN HEALTH CARE SYSTEM
NQF LEVEL 3

(9020053)

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DEPARTMENT OF HIGHER EDUCATION AND TRAINING
REPUBLIC OF SOUTH AFRICA

NATIONAL CERTIFICATE (VOCATIONAL)
THE SOUTH AFRICAN HEALTH CARE SYSTEM
NQF LEVEL 3
TIME: 2½ HOURS
MARKS: 180

INSTRUCTIONS AND INFORMATION

1. Answer all the questions.
2. Read all the questions carefully.
3. Number the answers according to the numbering system used in this question paper.
4. Use only a black or blue pen.
5. Write neatly and legibly.

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QUESTION 1

1.1 Indicate whether the following statements are TRUE or FALSE by writing only 'True' or 'False' next to the question number (1.1.1–1.1.5) in the ANSWER BOOK.

1.1.1 Under the Companies Act, public companies are open to anyone who can afford it and they can buy shares.

1.1.2 Pulmonary TB is often found in the mining sector.

1.1.3 The Medical Schemes Act was amended in 1967.

1.1.4 A health establishment must comply with quality requirements and standards prescribed by the Minister of Safety.

1.1.5 Divestures refer to the partial or full disposal of an investment or asset through sale, exchange, closure or bankruptcy.

(5 × 1) (5)

1.2 Define *the South African for-profit healthcare system.* (4 × 1) (4)

1.3 What are dividends that are shared within the private healthcare system? (1)

1.4 Explain the importance of the following documents in the regulation of private healthcare in South Africa:

1.4.1 Medicines and Related Substances Act 101 of 1965

1.4.2 Labour Relations Act 66 of 1995

1.4.3 National Health Act 61 of 2003

1.4.4 Service contracts

1.4.5 Management contracts

(5 × 2) (10)

1.5 Discuss the role that the Primary Healthcare Re-Engineering Model has in addressing primary healthcare needs in communities. (5 × 2) (10)

[30]

QUESTION 2

2.1 Define *workplace-based healthcare*. (4 × 1) (4)

2.2 Name FOUR health initiatives that are part of workplace-based healthcare. (4)

2.3 Explain the role that Occupational Health and Safety Act 85 of 1993 plays in workplace-based healthcare. (2 × 1) (2)

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2.4 Copy the table below in the ANSWER BOOK and complete it by comparing the South African public and private healthcare sector.

PUBLIC SECTOR	PRIVATE SECTOR

(2 × 5) (10)

2.5 Discuss how Section 47 of the National Health Act can assist with monitoring quality of hospitals. Motivate why this is important. (5 × 2) (10)

[30]

QUESTION 3

3.1 Choose a term from COLUMN B that matches a description in COLUMN A. Write only the letter (A–K) next to the question number (3.1.1–3.1.10) in the ANSWER BOOK.

COLUMN A		COLUMN B	
3.1.1	Include vitamins, minerals and amino acids	A	aromatherapy
3.1.2	Therapeutic use of essential oils for treatment of certain conditions	B	nutritional supplements
3.1.3	Believed that symptoms of an illness are the body's way of healing itself	C	homeopathy
3.1.4	The use of plants as medication to restore and maintain health	D	detoxification therapy
3.1.5	Involves cleansing the body system to release impurities and chemicals in the body	E	meditation
3.1.6	Specific postures, focused attention or an open attitude towards distractions	F	hypnotherapy
3.1.7	The use of hypnosis to treat certain problems	G	anthroposophic medicine
3.1.8	Incorporates the union (bond) between the mind, body and spirit using structural breathing and body poses	H	acupuncture
3.1.9	Combines elements of Western medicine with homeopathy and naturopathy	I	traditional medicine
3.1.10	Involves inserting fine needles into the skin of the patient to stimulate bioelectric points of the body that are known to balance the energy movement 'QI'	J	yoga
		K	herbalism

(10 × 1) (10)

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3.2 Define *complementary healthcare*. (4 × 1) (4)

3.3 Explain how the use of complementary medicine has developed in South Africa. (6 × 1) (6)

3.4 Discuss how practitioners of complementary healthcare ensure that they respect their patients' needs by referring to their ethical code and values. (10 × 1) (10)

[30]

QUESTION 4

4.1 Complete the following sentences by writing only the missing answer next to the question number (4.1.1–4.1.10) in the ANSWER BOOK.

4.1.1 Spinal manipulation involves manual adjustment of the spinal column to keep the spinal column and … system in alignment with the nervous system.

4.1.2 … involves the pressing, rubbing and manipulation of the muscles and other soft tissue of the body by therapists.

4.1.3 Nutritional therapists believe that diseases are caused by … overload.

4.1.4 The purpose of … is to improve physical functioning through the use of the mind.

4.1.5 The state between waking and sleeping is called … .

4.1.6 The belief of treating of the whole person, taking into account mental and social factors, rather than just the symptoms of a disease, is called … .

4.1.7 Western medicine is also referred to as … .

4.1.8 Acupuncture is an example of … practices within complementary medicine.

4.1.9 … as a plant is often used to assist with insomnia.

4.1.10 … as a plant is often used for cosmetic and therapeutic purposes. (10 × 1) (10)

4.2 Define the term *traditional medicine* within a South African context. (5 × 1) (5)

4.3 State FIVE ways in which traditional healing relates to human rights. (5)

4.4 Evaluate the use of complementary medicine in South Africa by referring to the advantages and disadvantages. (10 × 1) (10)

[30]

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QUESTION 5

5.1 Various options are given as possible answers to the following questions. Choose the answer and write only the letter (A–D) next to the question number (5.1.1–5.1.10) in the ANSWER BOOK.

5.1.1 The … banned traditional medical systems under the Witchcraft Suppression Act 1957.

A South African Medical Association
B Traditional Council
C Hospital Association
D South African Medical Research Council

5.1.2 The arrangement of bones tells the … unknown secrets of disease.

A head diviner
B bone thrower
C whistling diviner
D prophet

5.1.3 Clients listen to a high-pitched or whistling voice external to the …

A bone thrower.
B head diviner.
C whistling diviner.
D faith healer.

5.1.4 … include(s) medicines made from natural substances including bark, roots, leaves, animal skin, blood or parts of animals.

A Qi
B Sangoma
C Dividends
D Muti

5.1.5 The Traditional Healers Organisation was established in … and now has 25 000 members that are traditional practitioners.

A 1994
B 1967
C 2007
D 1970

5.1.6 … medical plants is considered one of the challenges of traditional medicine.

A Underharvesting
B Selling
C Overharvesting
D Marketing

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5.1.7 Traditional medicine also treats … -bound syndromes.

A home
B culture
C age
D material

5.1.8 Traditional medicine involves … worship and divination.

A ancestor
B muti
C plant
D animal

5.1.9 Traditional healers are important stakeholders in the delivery of … healthcare.

A Primary
B Secondary
C Tertiary
D Quaternary

5.1.10 Traditional medicine is … -centered.

A healer
B client
C hospital
D animal

(10 × 1) (10)

5.2 Discuss the history of traditional medicine by referring to the THREE distinct phases in history. (3 × 3) (9)

5.3 Name the regulatory act for traditional medicine in South Africa. (1)

5.4 Discuss FIVE links between primary healthcare and traditional medicine in South Africa. (5)

5.5 Is traditional medicine accepted by medical schemes? Motivate the answer by also referring to how this impacts traditional medicine service delivery.

(5 × 1) (5)

[30]

QUESTION 6

6.1 Write the following acronyms in full:

6.1.1 CSO

6.1.2 CBO

6.1.3 NPO

6.1.4 NGO

(4 × 1) (4)

6.2 Copy and complete the following table in the ANSWER BOOK.

	Legislation under which registered	**Required registration documents**
Voluntary Associations		
Trusts		
Section 21 Companies		

(6 × 1) (6)

6.3 Discuss how the Medical Schemes Act 131 of 1998 has influenced health- care in South Africa. (5 × 2) (10)

6.4 Government can play a major role in supporting NPOs.

Discuss this statement. (5 × 2) (10)

[30]

TOTAL: 180

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