higher education & training

Department:
Higher Education and Training
REPUBLIC OF SOUTH AFRICA

MARKING GUIDELINE

NATIONAL CERTIFICATE (VOCATIONAL)

COMMUNITY-ORIENTED PRIMARY CARE
NQF LEVEL 3

16 November 2022

This marking guideline consists of 9 pages.

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QUESTION 1

1.1
1.1.1 F
1.1.2 J
1.1.3 B
1.1.4 E
1.1.5 K
1.1.6 A
1.1.7 H
1.1.8 C
1.1.9 I
1.1.10 D

(10 × 1) (10)

1.2
- Failure of the current system at the time to meet people's health needs
- Rising costs
- Increasing specialist/curative focus
- Poor collaboration within and between health services
- Poor professional preparation
- Undervalued and dissatisfied personnel (6)

1.3 1.3.1
- Education services✓
  - NOSA College Cape Town✓
  - Parow East Primary school✓
- Recreation services✓
  - KFC✓
  - China town✓
  - Food Lover's Market✓
  - Checkers Hyper✓
  - Takealot Pickup✓
  - Lifestyle Fabrics✓
- Health services✓
  - Parow Clinic✓
  - Parow Day Hospital✓
  - Parow Community Health Centre✓
- Safety services✓
  - Parow Police Station✓
  - Parow Regional Court✓
- Transport services✓
  - Road systems✓
- Telecommunication and postal services✓
  - Parow Post Office✓

(Allocate 1 mark for each correct service identified and 1 mark for one correct example of each service) (4 × 2) (8)

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1.3.2
- Partnership between health service and safety service✓
  - Parow Police Station to provide direct assistance to Parow Clinic or Day Hospital in cases where patients were assaulted, etc.✓
- Partnership between health services and education services✓
  - Parow Clinic to provide direct health care services to Primary School and College students e.g., reproductive health services✓
- Partnership between safety services and education services✓:
  - Parow Police to provide direct services to schools/colleges in case of emergencies✓
- Partnerships between different levels of health services✓
  - Efficient referral system between Parow Clinic, Community Centre, and Day Hospital✓

(Any relevant 3 × 2) (6)
[30]

QUESTION 2

2.1
- It allows for artificial light for the completion of tasks when there is no natural light✓
- It allows for electric cooking and heating of water✓
- It enables us to be productive,✓ safe✓ and sociable✓
- It gives access to household equipment which can enable members of the community to work,✓ be educated,✓ and enjoy more time for leisure and socialising✓
- It enables longer and more productive work hours when needed✓
- It gives us access to technology and the internet✓
- It is a necessity for certain health technologies✓ e.g., dialysis, and certain methods of sterilization
- It is a means of protecting people from excessive weather conditions, allowing heating in cold weather and cooling in hot weather✓
- It allows for working from home/the creation of home businesses✓ e.g., carpentry, dressmaking, cooking, and keeping food and beverages cold
- It allows us to access affordable entertainment such as radio and television✓
- It is a necessity for certain health technologies✓ e.g., dialysis, and certain methods of sterilization (Any relevant 8 × 1) (8)

2.2 2.2.1 Community Police Forum (2)

2.2.2
- Service orientation✓
  - Provide a professional service to the community, with the provision of masks, and hand sanitizers, encouraging the community to self-distance, and ensuring that those who show symptoms follow protocols✓
- Partnership✓
  - The appointment of 478 CPF members, broadly representative of their communities, as volunteers to help with COVID protocols, continuing their essential work in the communities and working alongside the SAPS✓
- Problem solving✓
  - Adopting a collaborative approach in identifying safety concerns and resolving difficulties✓
- Empowerment✓
  - CPFs continue their essential work in the communities and work alongside the SAPS✓
- Accountability✓
  - CPFs can assist with identifying and reporting safety concerns of communities so that they may be addressed. The Department of Community Safety will ensure that measures are in place to prevent the spread of COVID-19 and to ensure that all members are protected whilst supporting the enforcement of the lockdown✓

(Any correct 5 × 2) (10)

2.3
- It encourages spending quality time with friends and families, strengthening social connections✓✓
- It provides alternatives to less healthy pursuits✓✓
- It reduces stress✓✓ and promotes physical health,✓✓ psychological wellbeing, and improved subjective life satisfaction✓✓
- It promotes interaction with others,✓✓ reducing isolation✓✓ and improving harmony between those of different backgrounds✓✓
- It strengthens a sense of community between individuals✓✓
- It increases community pride✓✓
- It reduces vandalism and crime✓✓
- It enhances property values✓✓
- It can be a catalyst for tourism✓✓

(Any relevant 5 × 2) (10)
[30]

QUESTION 3

3.1
3.1.1 True
3.1.2 False
3.1.3 True
3.1.4 False
3.1.5 False
3.1.6 True
3.1.7 True
3.1.8 False
3.1.9 False
3.1.10 True

(10 × 1) (10)

3.2 The Alma Ata declaration is a document expressing the urgent need to protect and promote the health of all people,✓✓ and emphasizing the importance of primary health care✓✓ in attaining this. (Any similar 2 × 2) (4)

3.3
- Public education
- Proper nutrition
- Clean water and sanitation
- Maternal and child health care
- Immunisation
- Local disease control
- Accessible treatment
- Drug provision (Any 6 × 1) (6)

3.4
- Health is a basic human right, and access to healthcare should not be a privilege dependent on factors such as where you live, how much money you have, race, gender, age, etc.
- Medical treatments and healthcare not being accessible and available in the public sector can lead to individuals and families being trapped in debt and poverty when accessing services privately.
- Being unable to access healthcare can result in excessive stress, anxiety, and depression.
- Accessible public healthcare services can save lives that may otherwise be lost.
- It reduces rates of transmission of disease.
- Access to public healthcare services reduces the effects of economic inequality.
- It reduces the risk of exploitation by private providers.
- A healthier community is more likely to have increased economic productivity. (Any relevant 5 × 2) (10)

[30]

QUESTION 4

4.1 Department of Social Development (2)

4.2 Pholela provided one of the first working models of COPC in practice:

- Principle 1: Local health and institutional analysis✓
  - Pholela utilized population-based investigations to inform the provision of health services✓
  - It targeted hygiene and sanitation, nutrition, water, housing conditions, and occupational threats✓
  - A pioneering feature of the Pholela model was its reliance on the social and epidemiological investigation of the local population to inform the provision of services – community health profile✓
  - Distinctly innovative in its time, Pholela recruited and trained local individuals as health assistants and community educators, to facilitate the provision of health education, promotion, and skills development at the village and household level✓
- Principle 2: Comprehensive care✓
  - Integrating curative care and preventive health services in a comprehensive community-based package✓
  - Incorporated health education and health promotion as essential elements of the health delivery system✓
  - Emphasizing the provision of holistic health care, rather than simply medical care✓
  - Specialized programs and interventions to address the health needs of vulnerable and high-risk groups (women and children) including mandatory immunizations, school-feeding schemes, the establishment of household and community food gardens, child growth monitoring, breastfeeding, and baby food supplementation, communal childcare services, and family planning.✓
- Principle 3: Equity✓
  - Accessible healthcare-sub-centres were created✓
  - Affordable healthcare✓
- Principle 4: Practice with science✓
  - All health workers at Pholela were required to understand and appreciate local conceptions of health and disease, to guarantee that the health centre's services and care were socially appropriate, acceptable, and effective✓
  - All health care workers needed to be qualified and trained in the health care field✓
  - Professional health care workers were expected to work together as a team✓
- Principle 5: Service integration around users✓
  - Unique in its focus on the health of families and the community, rather than individual health alone, the Pholela Health Centre sought to identify and address the social conditions and determinants that influenced population health broadly✓
  - A key contribution of the Pholela model was its unique emphasis on community empowerment and participation in the delivery of health care✓

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- Community members and local authorities were directly involved in program planning and health service decision-making✓
- Empowerment of the family to improve collective health was a particularly novel feature. Health centre staff periodically met with all members of a family to complete 'family health reviews', a discussion of each member's health history and condition about circumstances in their household and the community✓

(Allocate 2 marks for 2 points relevant to each of the five principles) (5 × 2) (10)

4.3 4.3.1

- The Adult Literacy Programme is aimed at adults who can't read or write, resulting in unemployment. Equipping them with these skills increases employability, allowing community members to apply for better jobs, bringing social change to communities
- Through literacy brings empowerment, so that community members can better take charge of their daily lives
- Community members are better able to care for their health e.g., they can learn about their illness conditions, or how to improve health, or read their medication prescriptions
- Being able to read improves the ability to keep up with current events and understand the issues that are shaping our world
- Literacy allows community members to communicate more effectively with each other and with others, and possibly increases feelings of inclusion and social cohesion

(Any relevant 3 × 2) (6)

4.3.2

- Funding for early childhood development centre increases opportunities for young children to be better cared for and taught more skills in environments more conducive to learning
- Learning social and behavioral skills from an early age increases the chances of children later contributing positively to their communities
- Early childhood development centres keep young children safe and secure during the day so that parents can go to work
- Many early childhood development centres provide nutrition to young children in communities who may otherwise lack access to food

(Any relevant 3 × 2) (6)

4.3.3

- School health services promote good health and prevent ill health in school-going children.
- Health education and promotion in life orientation classes teach knowledge and skills to benefit learners and their families in years to come.
- Menstruation and reproductive health services, such as providing sanitary pads to girls, ensures that they attend school instead of dropping out

(Any relevant 3 × 2) (6)

[30]

QUESTION 5

5.1
5.1.1 Recreation
5.1.2 Sanitation
5.1.3 Health
5.1.4 Recreation
5.1.5 Welfare
5.1.6 Transport
5.1.7 Telecommunication
5.1.8 Health
5.1.9 Recreation
5.1.10 Education

(10 × 1) (10)

5.2
- To increase knowledge and awareness of health-promoting behaviour
- To develop systems for the mainstreaming of care and support for teaching and learning
- To increase sexual and reproductive health knowledge, skills, and decision-making amongst learners, educators, and school support staff
- To facilitate early identification and treatment of health barriers to learning

(Any correct 2 × 2) (4)

5.3
- An emphasis on cure rather than prevention
- A shortage of services for black South Africans in both urban and rural areas
- A lack of coordination between services
- The growth of private health care, that was using resources, but which few could afford (Any 3 × 2) (6)

5.4
- Improving concentration ✓✓ learning capacity,✓✓ and general wellbeing✓✓ of learners
- Promoting and supporting food production and food security in schools and communities✓✓
- Strengthening nutrition education in schools (handing out learning materials to schools such as charts on healthy lifestyles)✓✓
- Establishing and promoting the maintenance of good eating and lifestyle habits for life✓✓
- Encouraging schools to establish vegetable gardens, and teaching learners and parents the value of maintaining vegetable gardens✓✓
- Motivating learners to attend school regularly and punctually as they are guaranteed a nutritious meal at school✓✓ (Any relevant 5 × 2) (10)

[30]

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QUESTION 6

6.1
6.1.1 1940s
6.1.2 socially
6.1.3 declined
6.1.4 Pholela
6.1.5 Geiger

(5 × 1) (5)

6.2
- Collect health-related information
- Give health education
- Advise community members in need of care to go to the health centre (3)

6.3
- Trains supply a service that is crucial for socio-economic development
- They are used by individuals to access education, employment, healthcare, recreation, shopping facilities, and other services
- Not providing efficient service can have devastating effects, such as loss of employment, or students missing important assessments
- Many people rely on train services as it is cost-effective, or because they cannot afford other means of transport
- Providing efficient service means that individuals who are unable to access other forms of transport can still access important services and activities, and maintain more independence, a sense of freedom, and mobility
- Providing consistently efficient service would reduce stress and anxiety that may otherwise be associated with the use of trains or public transport

(Any relevant 5 × 2) (10)

6.4
- Improved access to education and learning online
- Ability to obtain more information
- Access to telemedicine services
- Access to more job opportunities
- Saving on costs like transport when able to work online from home, do banking and shopping from home, access recreation/entertainment, and search for the best or most affordable options
- Access to ways in which to be heard on a global platform, and communicate freely with others
- More options for engaging with others and maintaining social connections

(Any relevant 6 × 2) (12)
[30]

TOTAL: 180

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