higher education & training

Department:
Higher Education and Training
REPUBLIC OF SOUTH AFRICA

NATIONAL CERTIFICATE (VOCATIONAL)

ENGLISH FIRST ADDITIONAL LANGUAGE

(First paper)

NQF LEVEL 4

(4101124)

2 November 2022 (X-paper)
09:00–12:00

This question paper consists of 18 pages.

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TIME: 3 HOURS
MARKS: 180

INSTRUCTIONS AND INFORMATION

1. This question paper consists of FIVE sections.

   SECTION A: COMPREHENSION
   SECTION B: PRECIS
   SECTION C: VIEWING
   SECTION D: LANGUAGE IN PRACTICE
   SECTION E: COMMUNICATION IN PRACTICE

2. Answer all the questions.

3. Read all the questions carefully.

4. Number the answers according to the numbering system used in this question paper.

5. Start each section on a new page.

6. Use only a black or a blue pen.

7. Write neatly and legibly.

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SECTION A: COMPREHENSION

QUESTION 1

Read the text below and answer the questions that follow.

FEAR OF ABANDONMENT

Turning us into emotional vampires, but the worst feeling in the world is to sit in our own panic.

1. Fear of abandonment is the belief that those close to us will leave us and we will be left alone with these dreadful feelings that could threaten to harm us. Abandonment is a feeling where our hearts beat out of our chests and we feel the surge of anxiety run through every cell in our body. It is the feeling of dread that we are going to be left alone, left vulnerable, and possibly destroyed.

2. The fear of abandonment is not a disorder in and of itself. It is what we all experience in relationships, especially intimate ones. The fear of abandonment for most adults who struggle with it feels primitive. It feels primitive because it was first experienced during our tender years under the age of three. A time when we had no words or limited words to describe our feelings. It was a time that we simply *held it all in* our vulnerable bodies.

3. As adults, it seems that the close relationships we currently have, especially romantic ones, seem to trigger feelings of anxiety. When we cannot resolve the fear of abandonment as adults, we become crippled by relational anxiety. We engage in behaviours that increase our feelings of craziness and shame. We are starved and afraid that whatever love we have will disappear and so we get desperate to keep the supply of love steadily available. Unfortunately, these behaviours also recreate our abandonment because others feel drained and unable to soothe us with their imperfect love. This intensifies feelings of insecurity and lovability.

4. Neuroscience provides the evidence we now have that our significant caregiver's response to our attachment-seeking behaviour wires us for the future. We do not need perfect parents or even two parents. We need at least one available, attuned, nurturing parent to meet our needs. It is good-enough parenting. We are born with a built-in survival response.

5. When we are young and experience an unpredictable and abandoning caregiver, the pain centres of our brain are activated. Emotional anguish feels the same as physical pain. When we have no loving caregiver to soothe us, we think we are going to die. Our survival brain goes into overdrive and we have only three options: fight, flight, and freeze (feign death)**.** Normal adult relationships have spaces between contact and times of uncertainty, but for some, real or imagined fear of abandonment signals threat.

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6. This is the life of those crippled by the early impact of the fear of abandonment. The basic needs for safety, stability, security, love, reliability with at least one caregiver, is unmet. There is nobody to support us as we grow up and move from dependency to being independent. The message is that the world is not safe. Every move toward independence after the age of three has been filled with anxiety that, to grow up, will end in our eradication. No wonder we move toward dependency in our relationships.

7. If we have a safe and predictable parent who is our caregiver, we 'hold' that parent in mind, even when separated from them. This is called 'object permanency'. We can tolerate separation knowing that we carry a loving parent internally that will soothe our fears even when we are separated from them. This parent is imperfect but good enough. Instead, those of us who have no mental image of a safe caregiver live in a constant state of survival response.

8. We are emotional vampires, dripping with hunger, feeling unlovable, so afraid to come close but also so starved and obsessed with keeping the other person hostage to our insatiable need to never be abandoned. We scream: 'I love you, please don't leave me'.

[Source: Adapted from: *Elephant Journal 11 June 2021*]

1.1 Refer to the b*lurb* of this text.

1.1.1 Is this statement LITERAL or FIGURATIVE? (1)

1.1.2 Give a reason for your answer to QUESTION 1.1.1. (2)

1.2 Refer to paragraph 1.

Describe THREE effects of feeling abandoned. (3)

1.3 Refer to paragraph 2.

1.3.1 What do you understand by the term, 'tender years?' (2)

1.3.2 Explain the meaning of: '*held it all in'*. (2)

1.4 Who is the intended audience of this passage? (1)

1.5 Refer to paragraph 3.

1.5.1 Quote one sentence that suggests that adults are embarrassed by their behaviour. (2)

1.5.2 Comment on how fears of abandonment and anxiety affect those around us. (2)

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1.6 Indicate whether the following statements are TRUE or FALSE by writing only 'True' or 'False' next to the question number (1.6.1–1.6.2) in the ANSWER BOOK. Quote from the passage to support your answer.

1.6.1 We need perfect parents.

1.6.2 We learn how to survive.

(2 × 3) (6)

1.7 Indicate whether the following statements are a FACT or OPINION by writing only 'Fact' or 'Opinion' next to the question number (1.7.1–1.7.2) in the ANSWER BOOK. Give a reason for your answer.

1.7.1 Neuroscience provides the evidence we now … our attachment-seeking behaviour wires us for the future. (paragraph 4)

1.7.2 Turning us into emotional vampires, but the worst feeling in the world is to sit in our own panic. (blurb)

(2 × 3) (6)

1.8 Explain the meaning in context of the following statements:

1.8.1 'survival brain goes into overdrive'. (paragraph 5)

1.8.2 'surge of anxiety run through every cell in our body.' (paragraph 1)

1.8.3 'we hold that parent in mind'. (paragraph 7)

1.8.4 'dripping with hunger, feeling unlovable'. (paragraph 8)

(4 × 1) (4)

1.9 Refer to paragraph 5

1.9.1 Identify THREE options we feel we have when our brain goes into overdrive. (3)

1.9.2 Explain in your own words the meaning of these options. (3)

1.9.3 What do you understand by the term: 'feign death?' (1)

1.10 Refer to paragraph 6.

1.10.1 How does the writer's use of the word, 'crippled' convey fears of abandonment? (2)

1.10.2 Discuss how the lack of a caregiver in our childhood, affects our life as adults. (2)

1.11 Refer to paragraph 7.

'knowing that we carry a loving parent internally'.
Explain the meaning of this statement. (2)

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1.12 Refer to paragraph 8.

1.12.1 What do you understand by the term: ‘emotional vampire?’ (2)

1.12.2 Explain how we become a threat to the other person in our lives. (2)

1.12.3 'I love you, please don't leave me'.
What does this sentence suggest about our mental state? (2)
[50]

TOTAL SECTION A: 50

SECTION B: PRÉCIS

QUESTION 2

Write a précis of the article below in not less than 75 words and not more than 85 words.

INSTRUCTIONS

- Write a paragraph of TEN points in which you discuss the benefits of reading.
- Provide a heading DIFFERENT from the one used in the text below.
- Use your OWN WORDS as far as possible. You will be penalised for copying verbatim from the passage.
- DO NOT exceed the number of words indicated above. Indicate the number of words you have used in brackets at the end of the précis.

Reading

As young children our mind is fed with stories and information but sadly as we become adults, we far too often neglect one of the most important tools in life.

Burying your head in a book is a great way of taking your focus of attention off your everyday troubles and worries. Story books can engage you in a world which is miles apart from our own. You can travel anywhere in a book.

Our brain is like super powerful advanced computers and like all good computers the better the information in, the better the information out. Like all good computers your mind needs to be fed information to keep it satisfied and stimulated and reading is the best source of input you can feed the brain.

Your vast array of new found knowledge will help you to become more involved in discussions. Obtaining more information will give you a distinct advantage over the others because you will have gathered a much wider understanding of many subjects and topics of conversation.

Reading inspirational stories or reading about people who have already achieved what you are aiming to achieve, can give you the motivation you need. You will be encouraged if you know it can be done.

There are many health benefits associated with reading. First you can acquire the appropriate information which can help you to improve your health and your life. Secondly if you read on a regular basis it can help you to relax and quieten your mind which in turn can help you reduce your stress level.

[*Adapted from*: Macmillan Education 2017]

CONTENT	LAYOUT	GRAMMAR/LANGUAGE/STYLE
10	03	07

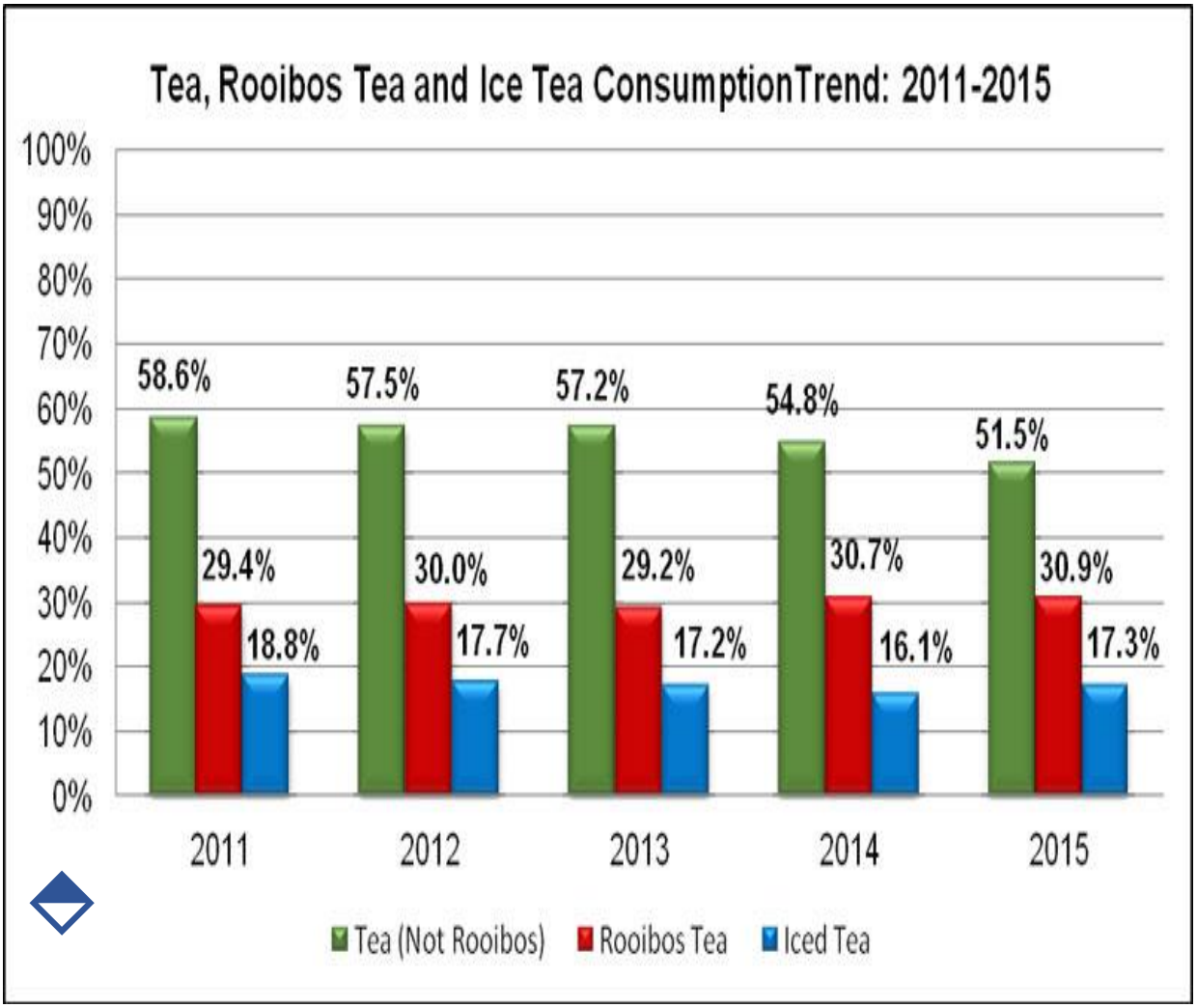
[20]

TOTAL SECTION B: 20

SECTION C: VIEWING

QUESTION 3

3.1 Study the graph below and answer the questions that follow.



NOTE: The tallest bar graph is normal tea; the middle graph is rooibos and the shortest graph is iced tea.

3.1.1 Has the consumption of normal tea increased from 2011 to 2015? Give a reason for your answer. (2)

3.1.2 Focus on the statistics for rooibos tea. What trend do you notice? (2)

3.1.3 Which tea declined by 1.5% from 2011 to 2015? (1)

3.1.4 Why do you imagine will normal tea always be the most popular choice over Rooibos and iced tea? (2)

[7]

3.2 Study the advertisement below and answer the questions that follow.



3.2.1 Is this a product advertisement or an awareness advertisement? Give a reason for your answer. (3)

3.2.2 Why are there errors in the text? (2)

3.2.3 Who is the target audience? (1)

3.2.4 Explain the message in this advertisement. (2)

3.2.5 How does the layout of this advertisement support the message? (2)
[10]

3.3 Study the cartoon below and answer the questions that follow.



IF WE WATCHED COOKING SHOWS THE WAY GUYS WATCH SPORTS

3.3.1 'If we watched cooking shows the way guys watch sports'.

To whom does the 'we' in the above refer? (1)

3.3.2 Quote an example of a rhetorical question from the cartoon. (2)

3.3.3 Where is the action in this cartoon taking place? Give a reason for your answer. (2)

3.3.4 Account for the women's body language in this cartoon. (2)

3.3.5 How does the cartoonist show that the women are angry? Refer to TWO VISUAL and TWO VERBAL clues. (4)

3.3.6 Comment on why this cartoon is an example of stereotype. (2)
[13]

TOTAL SECTION C: [30]

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SECTION D: LANGUAGE IN PRACTICE

QUESTION 4

4.1 Complete the following passage by filling in the correct punctuation, writing down the correct form of the word, choosing the correct alternative, filling in the correct preposition. Write only the answer next to the question number (4.1.1 – 4.1.20 in the ANSWER BOOK.

Tokyo's new COVID-19 infections hit a record again, topping 4 000 for the first time

1. (4.1.1… recent) in Tokyo, records have been set (4.1.2… most/almost) daily but not all of these (4.1.3… had/have) been by athletes competing (4.1.4… preposition) the Olympics.

2. The (4.1.5… Japan) capital has exceeded 4 000 coronavirus infections for the first time. The recorded cases were **4 058** to be exact. (4.1.6… That/That's) a record high and nearly four times as many cases that (4.1.7… are/were) reported in the past week.

3. Tokyo set new coronavirus cases daily (4.1.8… preposition) Monday to Wednesday, experiencing just a slight dip (4.1.9… preposition) Thursday, when they totalled a record of **3 300**. It was still one of the city's (4.1.10… high) daily counts on record.

4. Amid (4.1.11…intensifying/intensify) concerns, (4.1.12…olympics punctuation) organisers said they had revoked accreditation of a Games-related person leaving the (4.1.13…athletes punctuation) village for sightseeing. This is the (4.1.14… opposite of last) time that such an event has occurred. The organisers were (4.1.15 …furious/ferocious.)

5. Within the Olympic bubble, 21 game-related (4.1.16…personnel/personells) tested for coronavirus and the results (4.1.17… where/were) positive. Since the (4.1.18… begin) of July, 241 people (4.1.19… connect) with the Olympics had (4.1.20… test) positive for coronavirus.

(20)

Read the text below and answer the questions.

KHOI AND SAN PEOPLE STAND TO BENEFIT FROM THE DRINK'S GROWING GLOBAL POPULARITY

1 When South African rooibos tea became the first African foodstuff to join French champagne and Cypriot halloumi on the European Union's 'protected designation of origin' list this year, it was only the latest landmark for one of the country's most distinctive exports. The reddish, caffeine-free drink — **rooibos** in Afrikaans, means 'red bush'. It has become increasingly popular with global consumers in recent years.

2 The origins of this mushrooming industry lie in the Cederberg Mountain region, 250 km from Cape Town, the only place in the world where rooibos grows in the wild. It has been nurtured for centuries by communities of South Africa's indigenous Khoi and San people.

3 Due to this unique heritage, rooibos cultivation in South Africa has become a model for ethical sourcing of agricultural produce and for sharing the benefits of biodiversity with local communities. 'I grew up with rooibos,' says Barend Salomo, managing director of an organic tea-growing co-operative in Wupperthal, a small town in the Cederberg.

4 Its members comprise Khoi and San farmers, some of them third or fourth generation. 'It's in my veins and in all of the community members,' he explains. Rooibos was long looked down upon as 'a poor man's drink', Salomo recalls but, when it became sought after worldwide, 'they built an industry on this knowledge of ours'.

5 The tea industry, under the deal that was agreed upon, pays 1,5 per cent of the farm-gate and the price of all rooibos tea it acquires into funds that are administered by the South African government. However, nearly two years on, none of this money has been paid out, due to a state hold-up over appointing auditors for the funds. 'All the Khoi and San people are looking forward to, is sharing the benefits,' Salomo says. 'They can't understand why it takes so long.'

4.2 Which ONE of the following words does not have the same meaning as the underlined word? Choose the answer and write only the letter next to the question number (4.2) in the ANSWER BOOK.

… it was only the latest landmark for one of the country's most <u>distinctive</u> exports.

A Common
B Individual
C Typical
D Unique

(1)

4.3 Rewrite the following sentence in the ACTIVE voice.

Rooibos tea has been nurtured for centuries by communities of South Africa's indigenous Khoi and San people. (3)

4.4 Refer to paragraph 1.
'one of the country's most distinctive exports.'

4.4.1 Identify the punctuation mark in country's. (1)

4.4.2 What is the function of this punctuation mark? (2)

4.5 Rewrite the following sentence in the PASSIVE voice:

Many people looked down upon rooibos tea as a poor man's drink. (2)

4.6 Rewrite the following sentence as a tag question.

All the Khoi and San people are looking forward to, is sharing profits. (2)

4.7 Rewrite the following sentence in REPORTED speech.

'It's in my veins' he explains. (2)

4.8 Refer to paragraphs 3,4,5. In each paragraph **find a word of your own** that is a synonym for:

4.8.1 Farming (paragraph 3)

4.8.2 Universal (paragraph 4)

4.8.3 Managed (paragraph 5)

(3 × 1) (3)

4.9 Rewrite the following sentence in the negative:

It has become increasingly popular with global consumers in recent years. (2)

4.10 Rewrite the following sentence in the past tense:

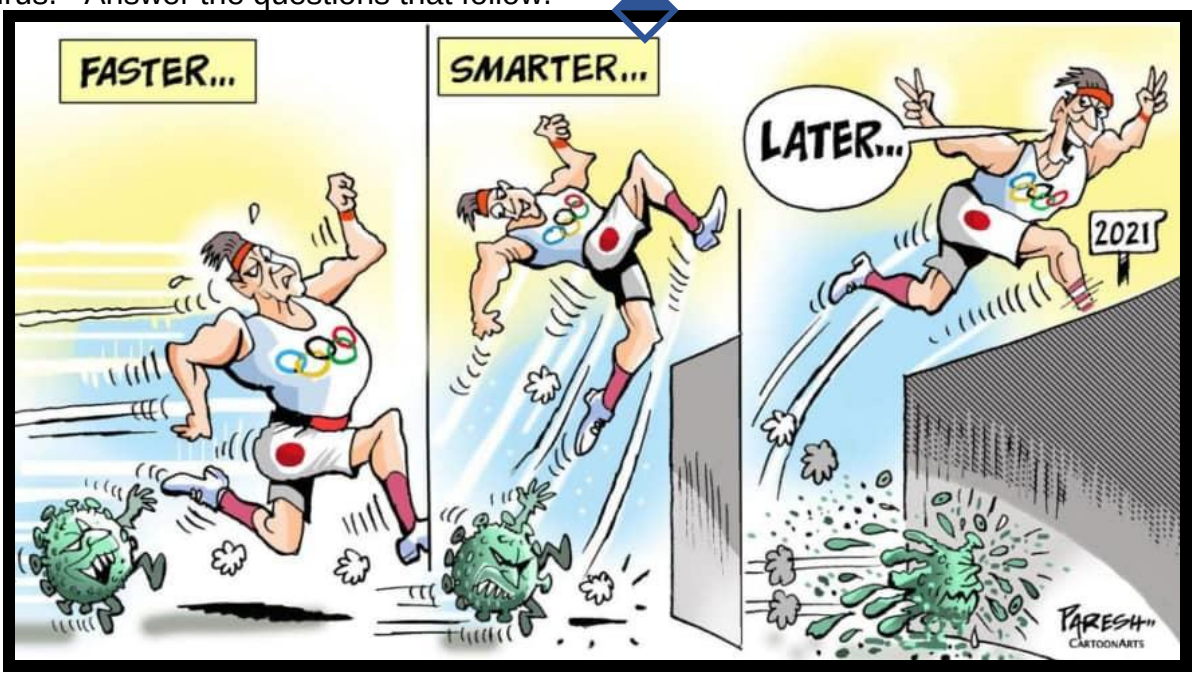
They can't understand why it takes so long. (2)
[40]

TOTAL SECTION D: [40]

SECTION E: COMMUNICATION IN PRACTICE

QUESTION 5

Analyse the cartoon below in which an Olympic runner is followed by the Covid 19 virus. Answer the questions that follow.



Frame 1 Frame 2 Frame 3

[*Source: https://www.japantimes.co.jp/opinion/2020/03/31/commentary/world-commentary/2021-olympic-games-will-greatest-ever*]

5.1 Refer to frame 1.

5.1.1 Describe the facial expression of the athlete and the virus. (2)

5.1.2 What does the symbol on the athlete's T-shirt represent? (1)

5.1.3 Why do you think the word FASTER is used in the inset? (2)

5.2 Refer to frame 2.

5.2.1 Explain how the athlete is being **SMARTER** in this frame. (2)

5.2.2 Give a reason for the facial expression of the virus. (2)

5.3 Refer to frame 3.

5.3.1 Comment on the athlete's body language in frame 3. (2)

5.3.2 Whilst the athlete has beat the virus do you imagine that he has escaped forever? Give a reason for your answer. (2)

[13]

QUESTION 6

Study the advertisement below and answer the questions that follow.



.

NOTE: The text above reads:

The Nike Sweet Classic High is comfortable while still remaining in style. With great quality and a wide variety of colour options, these sneakers are perfect for casual use. Stay fly, stay fresh and get yourself a pair.'

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6.1 'The shoe works if you do.'

What is the tone of this statement? Give a reason for this choice of tone. (2)

6.2 'Just do it.'

What does the advertiser want the consumer to do? (2)

6.3 'While still remaining in style'.

Why does the advertiser mention the aspect of style? (2)

6.4 What do you understand by the term, 'stay fly?' (2)

6.5 Quote 1 line from the advertisement that instructs the audience to buy the shoes. (2)

6.6 Why is it important for advertisers to create a range of colours? In your response pay specific attention to today's market. (3)

[13]

QUESTION 7

Study the comic strip below and answer the questions that follow.



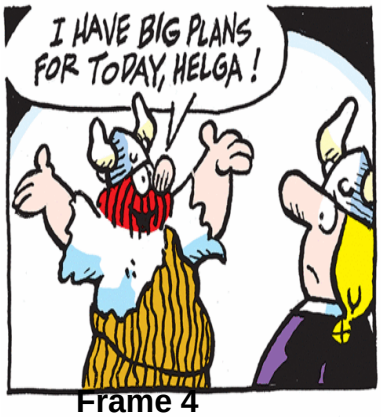
Frame 1



Frame 2



Frame 3



Frame 4



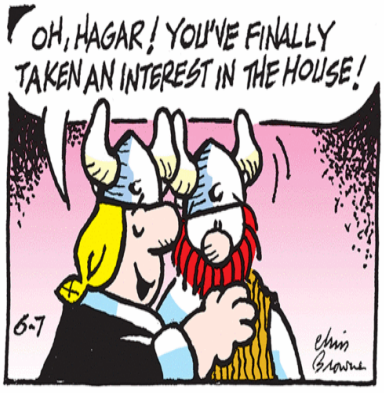
Frame 5



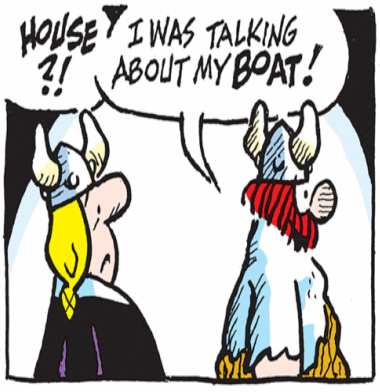
Frame 6



Frame 7



Frame 8



Frame 9

NOTE:
Hagar is the husband and Helga is his wife.

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7.1 Refer to Frame 2.

How does Hagar's body language show that a thought has come to him? (2)

7.2 What emotion is Hagar displaying in Frame 4? Support your answer. (3)

7.3 Refer to Frames 5,6,7.

Account for the bold print in these frames. (2)

7.4 Refer to frames 4 – 8.

Account for Helga's changing facial expressions. (2)

7.5 Refer to frame 8.

How does Helga show her appreciation? (2)

7.6 Refer to both Frame 3 and Frame 9.

Explain the humour. (3)
[14]

TOTAL SECTION E: [40]
GRAND TOTAL: 180